

Motor Skills United

The Occupational Therapy Programme

This intervention is based on the book *Motor Skills United* published by Special Direct.

Who is it for?

Primarily for children who need to :

- Improve balance and co-ordination
- Improve confidence and self esteem
- Improve handwriting and dexterity
- Improve sequencing and organisational skills
- Improve visual and auditory perceptual skills



Many other core skills are also likely to improve, having a direct effect on learning, concentration and class participation

What does it involve?

- Groups of 2-4 children for 3 x one hour sessions per week
- At least 1 term intervention
- Non competitive practical fine and gross motor skill activities
- Programme is coloured coded and activities are chosen from each colour to cover all aspects of motor skills development
- T.A. delivered

What does the training involve?

- One half day training course for Class teachers and teaching assistants.
- Introduces comprehensive session plans to organise and run integrated activities in both large and small spaces

