

# PSHE PROGRESSION MAP

## Odd Year

### Home, Community and Society.

#### Key Stage One

How do we keep healthy?  
What feelings do we experience?  
How do we know how others are feeling?  
How do we share our feelings?  
What can we do to manage big feelings?

#### Key Stage One

What makes a good friend?  
How do we resolve fallouts?  
What can we do when someone is feeling lonely?

#### Key Stage One

What makes us special?  
How do we cope when we find things difficult?  
What are the names of our main/private body parts?  
How do we change when we get older?

#### Lower Key Stage Two

What types of relationships are there?  
What help is available for people who are worried about a relationship?  
What do we mean by personal boundaries?  
How do we respond to unwanted physical contact?  
Why might people behave differently online?

#### Lower Key Stage Two

What is a community and what makes one successful?  
What is diversity?  
What are the benefits of living in a diverse community?

#### Lower Key Stage Two

What is a balanced healthy lifestyle?  
How do we take care of our mental health?  
What are the human internal reproductive organs?

#### Upper Key Stage Two

What are the early signs of mental ill health?  
What strategies are there for coping with intense feelings?  
Can anyone experience mental ill health?  
What support is there for people who experience mental ill health?

#### Upper Key Stage Two

What does it mean to have compassion towards others?  
What is discrimination? What does prejudice behaviour look like?  
How do we respect and challenge people's points of view?

#### Upper Key Stage Two

What happens during puberty?  
How are babies conceived and born?  
How can pregnancy be prevented?  
How are babies cared for?

## Even Year

### Leadership, Influence and Conflict

#### Key Stage One

What do people put into their bodies to cause them harm?  
What medicines/vaccinations help us stay safe?  
What household products can help us feel safe?

#### Key Stage One

What is bullying?  
What type of words and actions can hurt our bodies and feelings?  
Who can we talk to about bullying?  
What type of secrets should we tell someone about?  
How do we stay safe online?

#### Key Stage One

How do we get money?  
Can we always get what we want?  
What different ways are there of looking after money?

#### Lower Key Stage Two

What hazards are there in the home that can cause us harm?  
What are the risks and effects of legal drugs to everyday life and health?  
What drugs are illegal to own, use and give to others?  
Why do people choose to use drugs?

#### Lower Key Stage Two

What are rules and laws and why do we have them?  
What are human rights?  
What is the relationship between rights and responsibilities?

#### Lower Key Stage Two

What different ways do we pay for things?  
How do people's spending decisions affect others?  
What range of jobs and careers are there?  
What stereotypes are there in the workplace?

#### Upper Key Stage Two

How does the proper use of medicine contribute to health?  
What are the mixed messages in the media about drugs?  
What help and support is there for people with drug abuse?

#### Upper Key Stage Two

How can we assess the reliability of online information?  
What is appropriate/inappropriate to share on social media?  
How are images on social media manipulated?

#### Upper Key Stage Two

What risks are associated with money?  
What is gambling and how does it affect a person's life?  
What factors influence people's job choices?  
What routes are there into jobs and careers?